


MARCH 2019

EDEN EAST CALENDAR OF EVENTS

Basic Daily Schedule




1001 East Oregon Road, Lititz, PA 17543 (717) 581-3920

7:00-10:00 -Arrival/Breakfast Newspaper/T.V. News	10:30-11:00 -Active Game	12:30-1:30 -Lunch	2:15-3:00 -Snack
9:00-10:00 -Service Projects/Conversation Starter Games	11:00-11:30 -Word Game/Sing-along	1:30-2:15 -Walk/Video/Puzzles/Service Projects	3:00-3:30-ActiveGame
10:00-10:30 -Bingo/Card Games/Baking Project	11:30-12:00 -Exercise/Physical Activity	2:15-3:00 -Reminisce/Sensory Activity	3:30-5:00 -Dismissal
	12:00-12:30 -Discussion/Devotions	2:15-3:00 -Word Game/Video	Music/Video/Games

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
9:15 Conversation Starters 4 10:00 Bingo / Card Games 10:30 Color Toss 11:00 March Crossword 11:30 Pastoral Visit 2:15 Who Nose? 3:00 Bean Bag Toss	9:15 Conversation Starters 5 10:00 Bingo / Card Games 10:30 Bean Bag Toss 11:00 Music w/Gloria 2:15 Identify The Mystery Sound 3:00 Basketball	9:15 Conversation Starters 6 10:00 Baking Project 10:30 Bull's Eye Toss 11:00 Three's a Crowd 2:15 Let A Smile Be Your Umbrella 3:00 Color Toss	9:15 Conversation Starters 7 10:00 Bingo / Card Games 10:30 Bulzi Bucket Toss 11:00 March Trivia 2:15 The Old Home Place 3:00 Basketball	9:15 Conversation Starters 8 10:00 Bingo / Card Games 10:30 Bean Bag Toss 11:00 Sing-Along w Tom Chamness 2:15 What Am I? 3:00 Color Toss
9:15 Conversation Starters 11 10:00 Bingo / Card Games 10:30 Bulzi Bucket Toss 11:00 "Green" as Grass Word Game 2:15 Modes Of Transportation 3:00 Bean Bag Toss	9:15 Conversation Starters 12 10:00 Bingo / Card Games 10:30 Bean Bag Toss 11:00 People & Characters Who Come in Threes 2:15 Things That Are Green 3:00 Frisbee Golf	9:15 Conversation Starters 13 10:00 Baking Project 10:30 Color Toss 11:00 March Word Fun 2:15 Whistle While You Work 3:00 Bean Bag Toss	9:15 Conversation Starters 14 10:00 Bingo/Card Games 10:30 Bean Bag Toss 11:00 GreenThingsCrossword 2:15 Name That Colorful Song 3:00 Rollerball	9:15 Conversation Starters 15 10:00 Bingo /Card Games 10:30 Bulzi Bucket Toss 11:00 Sing-Along w James & Betty Martin 2:15 St. Patrick Trivia 3:00 Color Toss
9:15 Conversation Starters 18 10:00 Bingo / Card Games 10:30 Color Toss 11:00 Month of March Crossword Puzzle 2:15 The Old Family Doctor 3:00 Frisbee Golf	9:15 Conversation Starters 19 10:00 Bingo / Card Games 10:30 Basket Frisbee 11:00 Green Trivia 2:15 "Short Memories" 3:00 Basketball	9:15 Conversation Starters 20 10:00 Baking Project 10:30 Bean Bag Toss 11:00 Three of a Kind 2:15 Beloved Pets 3:00 Bulzi Bucket Toss	9:15 Conversation Starters 21 10:00 Bingo / Card Games 10:30 Basketball 11:00 "Tri" Try Again 2:15 You Know It's Spring When ... 3:00 Bull's Eye Toss	9:15 Conversation Starters 22 10:00 Bingo /Card Games 10:30 Bull's Eye Toss 11:00 Sing-Along w Staff 2:15 A Few of My Favorite Things 3:00 Hula Hoop Frisbee
9:15 Conversation Starters 25 10:00 Bingo / Card Games 10:30 Basketball 11:00 Word Trio Game 2:15 Postcard Treasures 3:00 Bean Bag Toss	9:15 Conversation Starters 26 10:00 Bingo / Card Games 10:30 Bean Bag Toss 11:00 March Trivia 2:15 "From the Mouths of Little Sprouts" 3:00 Color Toss	9:15 Conversation Starters 27 10:00 Baking Project 10:30 Color Toss 11:00 Things That are Green 2:15 Soaring with the Wind 3:00 Bean Bag Toss	9:15 Conversation Starters 28 10:00 Bingo / Card Games 10:30 Bean Bag Toss 11:00 Everyday Threes 2:15 Agricultural Abundance 3:00 Basketball	9:15 Conversation Starters 29 10:00 Bingo /Card Games 10:30 Bulzi Bucket Toss 11:00 Sing-Along w Staff 2:15 Middle Names 3:00 Bean Bag Toss

EDEN EAST ADULT DAY SERVICES MENU

MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Assorted Fresh Greens w/ 1 Orange Dijon Vinaigrette Ital Herb Marinated Shrimp Mashed Potatoes Steamed Broccoli and Caulif Wheat Dinner Roll Fresh Fruit cup, 2% Milk
Caesar Salad 4 Roast Pork Loin Mashed Potatoes Asian Blend Vegetables Wheat Dinner Roll Apple and Orange Slices 2% Milk	Mixed Green Salad with 5 Raspberry Dressing Braised Beef w/Tomato Sauce Buttered Egg Noodles Fresh Steamed Broccoli Wheat Dinner Roll Peach Slices, 2% Milk	Deviled Eggs, 6 no tomato, no relish Oven Fried Chicken Breast Mashed Potatoes Whole Baby Carrots Wheat Dinner Roll Canned Apricots, 2% Milk	Blueberry Feta Salad w/ 7 Italian Dressing Roast Turkey Classic Bread Stuffing Fresh Vegetable Medley Wheat Dinner Roll Mellon & Grape Fruit, 2% Milk	Lettuce Wedge w/ 8 Blue cheese Vinaigrette Texas Pot Roast Baked Sweet Potato Roasted Asparagus Wheat Dinner Roll Fresh Fruit, 2% Milk
Spinach Strawberry Salad 11 Lemon Oregano Grill Chicken Baked Potato Roasted Green Beans w/Garlic Whole Wheat Bread Fresh Fruit 2% Milk	Tossed Salad w/Creamy 12 Ranch Dressing Tilapia w/Roasted Cherry Tomatoes Mashed Potatoes Steamed Spinach Wheat Dinner Roll Fresh Fruit Cup, 2% Milk	Coleslaw 13 "Shake and Bake" Oven Fried Chicken Mashed Maple Sweet Potatoes Roasted Cauliflower Wheat Dinner Roll Apple & Orange Slices 2% Milk	Green Bean Tomato Salad 14 Roast Turkey Corn soufflé Sautéed Zucchini and Squash Wheat Dinner Roll Canned Apricots 2% Milk	Tossed Salad w/Fat Free 15 Italian Dressing Homemade Meatballs w/Marinara Sauce Spaghetti, Asparagus Spears Wheat Dinner Roll Mixed Mellon 2% Milk
Garden Salad w/Fat Free 18 Italian Dressing Braised Beef Tips Buttered Noodles Peas and Mushrooms Wheat Dinner Roll Fresh Fruit Cup 2% Milk	Spinach Salad w/ Balsamic 19 Berry Dressing Orange Glazed Pork Loin Au Gratin Potatoes Steamed Beets Wheat Dinner Roll Sliced Fresh Apples 2% Milk	Caesar Salad 20 Chicken Marsala Red Roasted Potatoes Fresh Steamed Carrots Wheat Dinner Roll Fresh Fruit Cup 2% Milk	Tossed Salad 21 Roast Turkey Mashed Potatoes Fresh Vegetable Medley Wheat Dinner Roll Canned Apricots 2% Milk	Tomato Mozzarella Salad 22 Roast Beef and Gravy Mashed Potatoes Fresh Steamed Broccoli Wheat Dinner Roll Fresh Banana 2% Milk
Tossed Salad w/ Fat Free 25 Italian Dressing Stuffed Cabbage w/Tom Sauce Steamed Cauliflower Wheat Dinner Roll Peach Slices 2% Milk	Greek Salad 26 Savory Baked Chicken Scalloped Potatoes Fresh Roasted Beets Wheat Dinner Roll Fresh Fruit and Berry Cup 2% Milk	Cesar Salad 27 Honey Rosemary Flank Steak Parslied Potatoes Fresh Green Beans Wheat Dinner Roll Fresh Fruit Cup 2% Milk	Pear and Blue Cheese Salad 28 Grilled Pork Chop Baked Sweet Potato Steamed Spinach Wheat Dinner Roll Vanilla Pudding 2% Milk	Assorted Fresh Greens w/ 29 Orange Dijon Vinaigrette Ital Herb Marinated Shrimp Mashed Potatoes Steamed Broccoli and Caulif Wheat Dinner Roll Fresh Fruit cup, 2% Milk